

NC USATF Individuals

Open Men

	Time
1 Bobby Mack	41:59
2 Ryan Woods	42:31
3 Jason Bryant	46:44

Open Women

	Time
1 Molly Nunn	53:30
2 Emily Potter	55:02
3 Erin Reddan	59:38

Masters Men

	Time
1 Chad Newton	45:45
2 Craig Heinly	50:56
3 Anthony Corriveau	53:22

Masters Women

	Time
1 Annette Bednosky	58:07
2 Alison Gracey	1:04:01
3 Elizabeth Kempter	1:05:20